

"Lettuce Feed You" Hot Lunch Menu for: _____

Child's Name _____

Room Number _____

Please "X" the days your child WILL have hot lunch and return by 1/25/2018

FEBRUARY 2018

| Sun | Monday | Tuesday | Wednesday | Thursday | Friday | Sat |
|-----|--|---|--|---|---|-----|
| |  | | | 1 Chicken & Brown Rice Hot Dish Vegetable Blend Fresh Apple W. G. White Bread <i>Bean & Brown Rice</i> | 2 W.G. Spaghetti w/ Meat (Turkey) Sauce Green Beans Applesauce W. G. Bread Stick <i>Spaghetti w/ Marinara</i> | 3 |
| 4 | 5 Homemade Spaghettios Cottage Cheese Corn / Peas Blend Diced Peaches W. G. White Bread N/A | 6 Chicken and Wild Rice Hot Dish Green Beans Mandarin Oranges W. G. Flatbread Bean and Wild Rice | 7 Beef Goulash w/ W. G. Elbow Macaroni Italian Green Beans Diced Pears <i>Bean Goulash</i> | 8 W. G. French Toast Baked H. B. Potatoes Vanilla Yogurt Strawberries N/A | 9 W. G. Country Style Beef Fritter Nuggets Peas and Carrots Diced Pears <i>Boca "Chik'n" Nuggets</i> | 10 |
| 11 | 12 Ground Beef Patty Vegetable Blend Fresh Orange Mini W. G. Burger Bun <i>3-Grain Veggie Burger</i> | 13 Turkey ala King Steamed Peas Diced Pineapple W.G. Pita Bread <i>Bean ala King</i> | 14 Happy Valentines Teriyaki Chicken Chow Mein w/ Brown Rice Green Beans Fruit Cocktail <i>Teriyaki "Chik'n"</i> | 15 W. G. Waffle Sticks Turkey Sausage Patty Potatoes Romanoff Strawberry Compote <i>Meatless Sausage Patty</i> | 16 W. G. Cheese Enchilada Corn Diced Pineapple N/A | 17 |
| 18 | 19 SCHOOL CLOSED PRESIDENT'S DAY  | 20 W. G. Crispy Chicken Tenderloins Diced Carrots Diced Pears <i>Crispy "Chik'n" Tenders</i> | 21 Cream Beef Hot Dish w/ Brown Rice Peas and Carrots French Bread <i>Cream Bean Hot Dish</i> | 22 Cheese Omelet Baked H.B. Potatoes Fresh Orange W. G. Buttermilk Biscuit N/A | 23 W. G. Chicken Nuggets Green Beans Golden Apple <i>Boca "Chik'n" Nuggets</i> | 24 |
| 25 | 26 BBQ Chicken Breast Fr. Style Green Beans Mandarin Oranges W. G. Mini Burger Bun <i>BBQ "Chik'n" Patty</i> | 27 Beef Rigatoni w/ Marinara Hot Dish Vegetable Blend Strawberries Whole Grain Flatbread <i>Bean Rigatoni</i> | 28 Chicken and Black Bean Chili Diced Carrots Applesauce W. G. Flour Tortilla <i>Black Bean Chili</i> | Check if you'd like lunch every day <input type="checkbox"/> | Check if you'd like Vegetarian every day <input type="checkbox"/> | |

* Menu subject to change ** All meals include Milk ***You are responsible for all ordered meals

Italicized items at bottom of each day are the Vegetarian optionYour child must order this item every day in order to receive**

Cross contamination is always possible at the manufacturing plant, we cannot guarantee product does not include allergens

Substitutions will be made if texture of an item is too hard/raw for younger children

D - contains dairy W. G. = Whole Grain **E** - contains egg